Dave Stewart: (00:48)  
Hey, how's it going everyone? Thanks for stopping by the fly fishing show. I've got one slot open for the a OP steelhead trip in February. If you're interested in a chance at a steelhead of a lifetime, go to wetflyswing.com/op and I'll follow up with you soon. And today's episode, I chat with Rick Takahashi about his life and fly tying with the focus on terrestrials. Rick tells us which are the number one terrestrials he has in his box, why he ties uncomplicated flies and his background as an artist. Don't miss this one. As Rick describes a learning disability that we both share and how he has overcome it to write three big fly tying books. So without further ado, here's Rick Takahashi. How's it going Rick?

Rick Takahashi: (01:32)  
Hey, I'm doing well. Thank you. It's, it's kind of snowing here. We are having our first, uh, snow. It's 22 degrees out and snowing. So this is a perfect time to sit down and talk with you, Dave.

Dave Stewart: (01:43)  
That's awesome. Yeah, I was just thinking about this morning out here. I think it's a, it's definitely cold as well. It's not 22. I think it's a little above freezing, but yeah, man, it feels like it's that time of year, right? The snow's coming.

Rick Takahashi: (01:55)  
Ah, yes. It's amazing. Yesterday I was, uh, I was bass fishing, she was a friend who was 74 degrees this morning is 22 degrees in snow. So that's Colorado for ya.

Dave Stewart: (02:06)  
So, so what do you think? So as you get older, uh, I'm not sure your age or whatever, but it's funny, you know, do you start to think about like, well maybe, maybe some of those warmer environments might be a good place. I might want to move and do some fish in there.

Rick Takahashi: (02:19)  
Well, you know, uh, I guess some people would, would think that, but I, I love Colorado. I've lived here all my life and gee, I just don't feel like I'm connected to the planet unless I can look out my window and see the mountains and, uh, and be, uh, appear in the high altitude. Uh, so, uh, I, I don't, I haven't thought about going down to the warmer, warmer climates. I, I would miss Colorado too much, so I'll put up with all the weather that it has to offer. I just love this place here.

Dave Stewart: (02:49)  
Cool. Cool. Well, we're going to dig into some, uh, fly tying today. You're, um, you know, I'm going into a fly tying season now and your name is, your name has come up a number times and I'm, I'm hoping to dig into a little bit on maybe terrestrials and your background and fly tying. Um, but, uh, before we get there and you can just talk about how you first got into fly fishing and fly and fly tying.

Rick Takahashi: (03:10)  
Oh yeah. Uh, glad to do that. Um, I, I believe in my heart that I was born to be a fisherman and, uh, maybe more specifically a fly fishermen. I can just remember back to my earliest days, you know, three, four years old ago going around and going with my parents to a Lake or something
and finding Oh, bits and pieces of, of fishing equipment and picking that up and putting it in my pocket. And unless you're taking it home and looking at it and wondering what it was about and, and you know, I really got this desire to be a fisherman even though I'd never fished. I, I'd never seen a fishing pole or anything like that. And, uh, I just, I just really was really intrigued by it, by, uh, uh, by, uh, fishing and, and so I believe that I was born to be a fisherman.

Rick Takahashi: (03:58)
And then, um, as we fast forward a little bit to, uh, you know, around, um, six, seven years old, uh, uh, I, I had been fishing. Why actually let's go back a little bit. Around I think four or five years of age, I got to go fishing in Huck Finn, a fishing tournament. And, um, uh, it was, uh, at a, uh, uh, a Lake in Denver called Washington park and they had a little canal and they blocked it off. They put trout in and kids could come and catch fish. And I remember right, McGill used to give us a little gold salmon, egg hook and, and so, uh, you know, I caught my first trout and I just, I fell in love with trout at that time. I, I caught that trout. They said, well, you want to catch some more? And I said, no, I'm just, I'm just satisfied with this one fish. I wouldn't let him take it off the hook and I just walked around and pray around. We're so proud of that. At that fishing the duty of the session. That's when I first fell in love with trout. And so I remember that as really right at my age. Now,

Dave Stewart: (05:04)
did your parents fish or what, what did your folks do?

Rick Takahashi: (05:07)
Well, you know, I, um, I grew up, uh, my folks owned a restaurant. In fact, we had an Italian restaurant. I grew up, I thought I was a Titan until I was a little bit older, but, uh, no, they were so busy trying to, to, you know, to get things going. It was, you know, back in those, those times after, uh, after the war. And you know, it was, it was kinda tough. So they, they started a restaurant business and, and were quite successful with that. Uh, but they didn't get a chance to fish too much. But, but that, that didn't deter me. Whenever I got a chance to go with some friends, I would, if they asked me, I would go. And, you know, when I was six years old, my dad would give us a, um, uh, a quarter, uh, each each week if, if we, uh, or actually month.

Rick Takahashi: (05:57)
And if we kept our room clean. And especially if I didn't beat up on my sisters, I would take that quarter and I'd go down to the local hardware store and they had fishing equipment in there. And, and, uh, you know, I, I look around, I'd spend hours in the, in the store just looking at the fishing equipment much as I do to today. I did the same thing. And, and, I, I saw a flying, I didn't know what that was, but, um, and what it represented, but it had a hook on it. So I knew it was for fishing and it was a Royal Coachmen. And, uh, I looked at that thing and, uh, and I think it was, it was 23 cents and I bought it and, uh, took it home and I looked at it and looked at it and spent hours looking at it every day. I just take it out and look and just Marvel at the beauty of the fly. And then one day I, I took and I noticed there's some thread there, so I took a razor blade and I cut the thread off and the hackle unwound and all I can remember is going, wow, I gotta learn how to do this. And so there started my, my quest to, uh, to, uh, to fly Tying uh,

Dave Stewart: (07:06)
sorry, I tried to read it.
Rick Takahashi: (07:09)
It's six, seven years old. I was trying to, I was trying to, to, to read about it and I had no idea what they were talking about when I was reading. You know, they're, they're talking about all kinds of techniques and I had no idea. And then, uh, then an uncle came to visit who was on leave from the army and he says, I'll buy you anything you want. And I said, how bout a fly tying kit,

Dave Stewart: (07:32)
nice.

Rick Takahashi: (07:33)
Bought me a fly tying kit. I still didn't know what the flies were for, but I just want to learn how to do this. So I would, I would type these monstrosities and uh, you couldn't even fish with them cause there's so much thread on the end that there's no way you could have gotten any Tippit material through there. And then I just remember when I was, you know, uh,

Dave Stewart: (07:56)
Mmm,

Rick Takahashi: (07:57)
uh, in boy Scouts, we went, uh, camping up at Deckers, which is, uh, an area about Denver. And, um, I saw my first fly fisherman and I thought, wonder what he's doing, you know, and so, uh, I sat down and, and, uh, uh, was watching and he said, do you have any questions? I see. Are we doing this is fly fishing. I said, what are you using? And he goes, I'm using flies. And I said, well, what are they? They came over and he showed me there was that fly on a hook and I'm going, Oh, this is what you're using for it. And I said, well, what kind of, what's the SLI? And he says, well, it's a gray hackle peacock. And uh, I said, wow. And I just sat back and sat on the rock and watched him cast. And you tried fishing and there started my, my curiosity.

Rick Takahashi: (08:44)
And, uh, so I started to earnestly start to, uh, to tie flies. And then, uh, uh, uh, when I got a little bit older and it tied a few flies, I had heard that there was a guy in Denver named Jim por, who had a little company called anglers all. And, uh, I took my slides over to Jim pore and I, I showed them [inaudible] and I said, um, I ruined my bike over there. My parents would have ever found out that I, I don't go all the way down to his shop in heavy traffic and everything they would have died, you know. But back then, you know, kids did those sorts of things. So I just rode my bike and showed him my slides and he looked at it and said, these are horrible. You need to practice. And, you know, I tell the story and some people go there, they're horrified, they're going to work.

Rick Takahashi: (09:37)
He told you that a little kid who you think you'd be encouraging. I said, you know, that was the best, best advice he's ever, that I'd ever got. And uh, I took him, I took him, uh, to, to task and for 65 years or so, I practice time at least three flies every day if I can and have a done done. So, so the what that does is just, you know, just really keeps me active in the fly time and keeps my facilities up. And, you know, now that I'm getting to be an easier, it's, uh, it's, it's one of those things I, I don't want to do all those little minor things that they say to improve your mind. I just, I'll just sit down at my advice.
Dave Stewart: (10:18)
Yeah,

Rick Takahashi: (10:22)
yeah, yeah. A love affair. Ever since then, uh, of time flies in. I'm guess I'm one of those rare individuals who enjoys time flies as much as I do fly fishing, you know, like we're going today. If I can't get out and fish. That's all right. I'm a good down time flies. Cause every fly I tie, I imagine I'm going to catch a fish of a lifetime with it.

Dave Stewart: (10:45)
That's right. And are, are you a better fly tire or fly fisherman?

Rick Takahashi: (10:51)
Uh, I, I think I'm a better fly tyer. I, I, you know, I'm just like, like every, uh, every other barrier. You know, sometimes I have days that I, that I struggle with, uh, with the, uh, catching the fish. But, you know, I'm, uh, I do all right. I probably do better than, than most, but, uh, I don't try to brag about that. I, uh, but, but I, I do enjoy time flies. So, um, sometimes, uh, I, you know, I, uh, I just, I just really enjoy the, the time, the flies and catching fish with them. So that's, that's, that's the joy.

Dave Stewart: (11:27)
Yeah. And, and where did the, um, so long this journey, you know, you've written a few books. Can you talk about those books and how that all came to be? I mean, you were tying flies in and maybe you could talk about, um, you know, yeah,

Rick Takahashi: (11:42)
yeah. Well, I'll tell you what happened. I've been tying flies for quite a while and doing the demonstration fly tying and a friend of mine, TK Pope, I said, Hey, you know what, I want to introduce you to somebody whose name is Ross Pernell and Ross is the editor of fly fishermen magazine. And he had a company here in Fort Collins, uh, called the virtual fly shop. Uh, and they needed to have somebody who could do some illustrations for them. And so, uh, I went and talked with Ross and, uh, uh, and uh, uh, became involved with the virtual fly shop and, and first doing, um, uh, uh, drawings for them. I said, you know, there's better illustrators out there than I am, but this is, well, you know, there are some really good illustrators, but a lot of them are not fly fishermen. And so sometimes when we get stories in, and I think we need to as strengthen the stories by having some spot illustrations or so, um, we need to have somebody who understands what the, what the author's talking about.

Rick Takahashi: (12:44)
And I said, why? Geez, you know, I can, I can do that. And so, so I started out with the virtual fly shot doing illustrations. Then they said, well, do you know how to tie flies? And I said, well, yeah, I like to, I like to tie flies. And, and so, uh, uh, they said, well, would you tie us a up for our archive of patterns? And so yeah, I taught about 50 or so flies for them for their first, uh, archive of patterns. And, uh, um, and then they said, well, can you write? And I said, well, I'm not a really a good writer, you know, and, uh, and it's all give it a try. And so I, you know, I dabbled a little bit in the, in the writing and, um, the short end of it is that a virtual fly shop was purchased by a fly fishermen magazine.
Rick Takahashi: (13:31)
And so Ross Ross went to Pennsylvania and, uh, uh, I got to tag along and, uh, uh, got to be involved with a fly Fisher magazine doing the same sort of thing, uh, you know, doing, um, illustrations. And then I started targeting, um, the fly tying bench, uh, what were some of the patterns that I had designed. And so I would write articles for the fly time bench. And then I started, um, dabbling and writing some major articles in my, my first real major piece was, uh, uh, writing about Midge fishing on the San Juan river and, uh, and about, uh, uh, tying some of the bandage down on, on the river there. And so, so that, um, so that was, that was my foray into writing and den, uh, Jay Nichols was one of the editors for fly fishermen, uh, magazine. I started a company called headwaters and he called me and said, Hey, would you like to, would you be interested in writing a book?

Rick Takahashi: (14:30)
And I said, writing a book. Yeah, yeah, that'd be cool. And so, uh, the, uh, the first book I wrote about was, uh, Midge's cause I had done that article for fly fishermen on images that seemed to be a natural, natural, uh, topic. And, uh, I said, well, you know, I know a little bit about Midge's. You know, when I first started fishing midges I didn't know very much about midges. I thought midges were just, you know, tiny or, uh, uh, D, uh, flies type from regular patterns, you know, but just tight, smaller. I didn't realize that it was an insect and all that. So I, I, I made it, I made it. I went down to the San Juan river, my wife is from Durango. And, I got to, uh, I got to go down to fishes San Juan and, and I really struggled down there because, um, uh, the images that I was tied were way too large.

Rick Takahashi: (15:25)
And, so I, I decided I'm going to learn how to do this. And, uh, and, and I studied it and I wrote down copious notes about what I found and, you know, was quarantine insects and clerking patterns. And, and so I knew something about midges. And so we thought maybe that'd be the first thing that we, a book you do is our images. And, uh, you know, most most, um, uh, publications, uh, up to that date had, uh, you know, flight time books had had sections of midges in it, but not covered real extensively. And so we thought, Oh, maybe this would be good. And I said, well, I'm gonna I know quite a few patterns that we put in there. And then I, you know, I had friends down there who were guides and, and I thought, Oh wow, you know, I could, uh, I could tap some of their expertise guys like Jude Duran and Bubba Smith.

Rick Takahashi: (16:15)
And, uh, I, I would, I would talk to them and they would, uh, they would grace give me their patterns. And I started collecting parents. Before you know, it, I had over 1,050 patterns collected. And my publisher said, well, you got to start collecting patterns. You got to write a book here. And so, so, so we did, we, we, I wrote the book and I asked a friend of mine, Jerry, to help with the book and he helped with two of the books. Um, modern, uh, trust. Uh, Modern Terrestrials was our second book in modern midges, our first book. And, uh, and, uh, he helped me out with, uh, doing some of the editing with, with that. And, uh, um, and so, um, you know, uh, I wanted to show you this little tiny insect, this midge, and look how people have, uh, have, uh, represented this, this insect.
And so I started, you know, having been with fly fishermen magazine, it gave me a little bit of in
with some of these really well now, uh, fly tires and fly fisherman. And I said, I wonder if they
would be willing. And so I took a gamble and, and all those guys are, they're wonderful. They're,
they're willing to help you out. I said, I can't pay you for the flies. He said, no problem. We'll just,
we'll just help you out, you know, how, how can we help you out? And, and, and so our, our first,
uh, book came out modern modern and it nearly a thousand, uh, Midge patterns from the whole
lifecycle of the majors. And then we, we decided, uh, we decided that I like having a section on
how to fish this may just because I should have struggled when I first started fishing.

Uh, and, uh, and tried to impart some of that information, uh, to the readers. And, uh, um, you
know, I have a background in, in education. I was a, um, an art teacher, uh, for my, for my career.
And, um, uh, I just loved teaching people and, and showing them how to tie flies and you know,
how to break the task down of a time, the flies and how to break the task down of, of how to fish
these flies. And so, uh, that that's represented in the book. And then on our, uh, second book on,
on terrestrials, um, um, my, uh, friend, uh, above the bubba Smith who was a guy down in San
Juan says, you know, sometimes you feel we get a chance or I know the book, yada, yada, do
want on tour shows and show how it has advanced. And I said, you know, that's a great idea.

And so when Jay Nichols from a headwater, um, books, Hey, you ready to write another book?
Uh, and I said, yeah, and you know, and this is, should be the topic. And you said, great. And so
we, uh, we set up a venture out in collect more fly patterns from, from around the world. And
you know, I've got probably over 500 terrestrial patterns and in there. And, uh, uh, so that was
really fun. And, you know, of course it was quite a jump fishing from just two terrestrials. It was
much easier as I got older to see trust shows on the water. But, uh, but that book is, it's, uh, it's
been a representation again, of what people have done to, uh, to imitate these, uh, these insects.
These land Born insects. And then, uh, then I got to write a book about, uh, my latest book is
called the fly tying artists.

And it's about, about the patterns that I like to tie. I'm a, I'm a fly designer for a Umpqua feather
merchants, uh, one of their signature tires. You know, I'm on the pro staff of like whiting farms.
And so, you know, all of those, those things have really helped me, um, uh, design flies and, and
to Tod flies with all those materials. And I just been fortunate enough to get on a number of
other, uh, pro pro staffs, uh, that, that helped, uh, to help promote, I try to help promote their
product, but they also give me product to tie flies with them. And that's what really keeps me
going. Cause it, you know, like simple fly a fly man, uh, you know, Canadian Lama, um, you
know, uh, solar ez all of those, all those companies. I'm very fortunate to be on their pros.
Rick Takahashi: (20:49)
Yeah, it was, yeah, it was, it was slowly over, over time. And then, uh, uh, you know, I started reading about some of the different products and, uh, I would contact him and say, well, can it get some of this to, to tie with and see what your products, your like and um, and it's, it's been, it's grown, grown from there. So I, you know, I, uh, since I have a little bit of a reputation, I can say, what geez do you have a pro staff, you know, cause if, uh, if I can, if I can show other people how to use their products on, I'm more than willing to do that to help anyone out.

Dave Stewart: (21:29)
Right. Especially for products. And it does,

Rick Takahashi: (21:32)
they're, they're, they're great part products. Yeah. So

Dave Stewart: (21:35)
does, um, I wanted to jump into a little bit, you mentioned terrestrials and, and you know, some of that. And, um, and actually you, so you've done a lot of teaching. Sounds like, and have you done more teaching beginners how to fly tie? Is that what you've kind of focused on?

Rick Takahashi: (21:51)
Well, yeah, yeah. I, um, in our, our town here, a friend of mine, Steve Solano, uh, had a fly shop or called Rocky mountain fly shop and, and he gave me my first opportunity to teach fly time. And I really do enjoy teaching fly tying. And so, you know, we're gonna have the opportunity to teach fly time. I will do that. And, uh, um, I'd like to teach people how to, uh, how to tie the flies. And, um, you know, I have a, uh, little course that I put together that has 16 flies in it.

Dave Stewart: (22:22)
Is this a, is this a course that's on, um, uh, like a a book or what's the course? What's the format?

Rick Takahashi: (22:31)
the, the, the format is, uh, we're going to tie, um, 65 that are started with a very simple, but I preferred, first thing I tied the thread Midge, um, uh, Coupa, which is this thread on a hook, you know, and we'd go from there to, to tie more complicated, uh, patterns. And, um, it's, it's, it's the teacher, the person and kind of the intricacies of handling the materials and, and proportions and what materials to use and how to tie, uh, effective patterns for our region around here. You know, and, um, uh, and, and then they can go out and start, uh, and start tying in practicing. And I tell them that that is the key is that they've got a practice that they just take the course and stop and they don't tie, then they start to lose their, their skills. So, so that's, that's what I try to do. And then I have a little booklet that I,

Dave Stewart: (23:27)
Oh, okay. So you have a little, you have a little book. Is that something that you can find online anywhere or is that you, you have to take your recorder.
Rick Takahashi: (23:34) Oh, no, that's just that, just something I put together for my students because I asked him to do is not, I don't give them a book at the beginning because what I've found through, uh, through my experience of 30 years of teaching fly time is that, uh, sometimes they'll start reading the book and try to

Dave Stewart: (23:54) correct. Yeah. Yeah. What are the, what are the 16 flies or what are the, maybe the first you start with the Midge and then what's the next, next one?

Rick Takahashi: (24:07) Oh, yeah. Then, then, uh, some of the fires that will tie you, uh, definitely a, a wooly Booger. Uh, I, I teach them how to tie 'em, um, the lifecycle of the major. So, or teach them how to tie a, uh, Midge pupa. Uh, I'll teach them how to tie a things like a Griffith Nat, um, uh, dry flies, different types of dry flies, Nymphs. So, you know, retired, gold ribbed hares ear, pheasant tail nymph. And now, you know, at time, teach amount of tie, a stone fly man, simple stone fly, how to tie a, uh, one of my patterns that I've designed is called the GoTo Nymph. And I teach him how to tie that. And it's real, real simple. My style was tying is based on a Japanese aesthetic philosophy. It's called she bouy and she believe means simple, elegant. So when I tie, I, I, my flight is a fairly simple, I don't try to make really, really complicated flies, although I can't, but I try to tend to be a little bit more simplistic in my approach to, uh, to tie in.

Rick Takahashi: (25:12) And so that's what I impart to my, my students. And what's really gratifying is just like being a teacher, see your, your students go out and, uh, and, and really embrace what you've taught them. And I have several, several students now who are, uh, uh, demonstration fly tyers. Now they, uh, you know, they, they've gone out and, uh, uh, they, they get on the circuit and do a demonstration fly tine or, or they'll, they'll write me about some of the flies at that. They've tied in and they say fished and, and so it's a, it's, it's really, it's really a gratifying to see that the take up this, uh, uh, hobby of, of time.

Dave Stewart: (25:55) Who is the a, do you have a name of somebody? By demonstration you mean somebody who's kind of a pro fly tier? And what do you mean by exactly? Demonstration fly tying.

Rick Takahashi: (26:05) Well done demonstration five time when I'm talking about that is that, um, like a lot of fly shops in our region here and across the United States, uh, or have on on weekends, five times come in and demonstrate how they tie their flies. And so, and so I, I like to do a demonstration fly tying to, I like to go and show people to fly that I tie and um, uh, you know, like there's shows, I'm kidding. I'm preparing to, uh, to tie for the, uh, international fly tech dealer show coming up by next week in Denver.

Dave Stewart: (26:41) Oh, for I FTD?
Rick Takahashi: (26:45)
Yeah.

Dave Stewart: (26:45)
Oh, cool. Cool. Yeah, I'll see you there. I'll see you there next week.

Rick Takahashi: (26:50)
Oh, good. come by. I'm going to be, uh, I've been asked by Whiting farms to, uh, to, to do a couple of hours of, uh, of time there.

Dave Stewart: (26:58)
Oh, okay. Awesome.

Rick Takahashi: (27:00)
Put everything together. Yeah. I'm getting already a friend of mine's coming in from Japan. Uh, he's real excited about going to the show.

Dave Stewart: (27:09)
Do you still have a connection? It sounds like you have some Japanese in your background, even though as you mentioned, you, you thought you were a, a Italian right or early, but

Rick Takahashi: (27:19)
Oh yeah, I am Japanese.

Dave Stewart: (27:21)
Do you still have a, a solid connection? I mean, has that always been a strong connection to Japan?

Rick Takahashi: (27:28)
Um, yeah, most of my family, I do have some relatives in Japan. Uh, I, uh, I don't speak Japanese, so I feel really uncomfortable being around them cause I can't understand

Dave Stewart: (27:39)
Oh, right, right. Yup. Do your parents speak Japanese?

Rick Takahashi: (27:44)
Ah, yes. My parents spoke Japanese, yes. Uh, but we, you know, we didn't learn Japanese primarily because after the war, you know, uh, um, uh, the situations that they felt it was better for us to really learn English. And, uh, and, and that, that's what we did. But I do have a few, I got one friend I, Takashi Nakajima from us, from Japan. He used to, he used to be a representative, uh, with CNF and now he's, he's repping other, other products in Japan. And so he likes to come over and, uh, and, and we, on occasion we get the fish and it's just, he's just a marvelous fishermen. And, uh, uh, and uh, and so that's my why want connection in, in, in Japan. Uh, and, uh, uh, so he, he's come in and so I told him to go pick him up in a couple of days here if you can get out of Japan, because there, there's a hurricane hit Japan. And so, so yeah, so he's kind of worried about whether he'll be able to come out or not, but hopefully maybe we'll be able
to fish. But he's, he's a, he's a great, great fly fisherman. And I just, I just learned so much from him.

Dave Stewart: (28:56)
Yeah. That's cool. That's cool. What is the, um, well, there, there's definitely, I have a few questions from the Facebook group. I wanted to throw through a hearing a little bit, but maybe we could just, um, kind of bring it into terrestrials a little bit. And I mean obviously terrestrials I think a lot of people, maybe there's some confusion on what is a terrestrial and all that stuff, but you've talked about that before on some other shows. I'll leave links in the show notes. Um, you know, I think you've been on a ask about fly fishing, uh, where you actually talked about trust as well. So, um, I'll, I'll leave a link to that show. We won't go in depth there, but can you just briefly talk about, um, you know, maybe the, the most important terrestrials that people should be using it. And does it really vary whether you're in Denver or other, uh, parts of the country?

Rick Takahashi: (29:41)
No, no, you don't.

Dave Stewart: (29:42)
[inaudible, so, um, you know, terrestrials are just simply land born insects instead of insects that, that come from an aquatic environment in our life, say a cat as fires don't fly. You know, these are insects like ants, beetles, um, um, mice, butterflies, uh, those types of effects that, that, uh, crickets that so trust real, not just trust real aquatic insects, but terrestrial mammals.

Rick Takahashi: (30:15)
Yeah. Yeah. I, you know, I fishing mice, Oh man, you know, up in Alaska and around, around here. Sometimes it's, uh, it's not, it's a good idea to fish a mouse say, you know, the early morning or at night, you know, but, uh, Patricia [inaudible] patterns are those insects that are born on a lender. They're not, they're not born in the water environment. And, and, and happened to, uh, because of, you know, working conditions or whatever, get into the, into the water and, uh, you know, Terrestrials oftentimes it represents a large amount of food intake. And so, uh, fish, uh, you know, I, I think Trout, opportunistic or other fish are opportunistic. And, and if, if, uh, if they have the opportunity to adjust one of these large, uh, insects, it's, it's, it's really good for the caloric intake. So, um, so, uh, I take the really the really important, and the ones that I concentrate are mostly from my fishing really is, is I, I like grasshoppers. I like, I like fishing grasshoppers. You know, when I was a young kid in the boy Scouts, I would take grasshoppers and I'd count captured the them, throw them in the water, uh, the South Platte river watch and float down. And it's also the Fisher.

Dave Stewart: (31:34)
Have you ever tied, have you ever tidy, I had this question from the Fred Haney in the Facebook group. He, this is exactly what he was looking at. He had a video he posted with an exact imitation of a grasshopper. Do you have any thoughts on like the realistics versus just a, you know, kind of your, the other types of, um, you know, terrestrial, she could tie?

Rick Takahashi: (31:54)
Yeah. Well, just, just for my own own own perspective is the fact that, uh, in my fly tying, and I consider my flies to be more impressionistic than realistic, um, I end reason being is that I'm
really Marvel at the craftsmanship of a realistic fly tire and, and how, uh, how they can make their, their, their flies look exactly like the real,

Dave Stewart: (32:20) right. So there's no benefit really to doing that.

Rick Takahashi: (32:25) Well, uh, well, yeah, I think there's benefit, uh, you know, for the fly tyer for that, for our kids, that part. But what I find is that, um, uh, I, I try to make, uh, make my flies, it's so much simpler to, to time be more and get the impression of the living insect, uh, and uh, uh, they're much easier to, to tie. Uh, I sometimes find, um, this just is my, my own observations that, uh, some of the real realistic, you know, you think they're gonna walk off, you know, but sometimes when, uh, I've tried fishing them, they seem to be too,

Dave Stewart: (33:06) too stiff. Yup.

Rick Takahashi: (33:09) Yeah. And so I hope that when I tie a fly and fish it, that it has, it gives a little bit of the impression of movement and gives a little bit of the impression of what the insect looks like and some of the flies that tide and I said, this is a grasshopper. People go, really? That's a grasshopper.

Dave Stewart: (33:28) Yup.

Rick Takahashi: (33:31) Yeah, yeah. The impression. I, you know, I had a friend, uh, uh, Gary LA Fontane who was really good at doing, you know, impressionistic sorts of things. Not exact copies, but to give the impression impression of that insect. And, boy, what a loss to loss. Gary, , Gary, um, you know, I've heard we've talked about Gary A. Little bit on this show. I mean, how, how far he was ahead of his time and everything and what, um, you know, what did you learn from Gary?

Rick Takahashi: (34:03) Well, the, the things that I learned from Gary is that, well, he did a lot of underwater study and look at the insects in the flies as, uh, they're, they're presented in the water and, and he noticed, he noticed some things about the live insects. And that's what he tried to incorporate into his, into his patterns. You know, it may be a, a, the simulation of air bubbles on the body

Dave Stewart: (34:26) All right.

Rick Takahashi: (34:28) The halo. Uh, and so he, he didn't tie as far as to look exactly like the insect, but more of the impression of what the insect looks like in the water. And that's what I took from him.
Dave Stewart: (34:41)
Well, it was Gary's big books. What do you think is his most, uh, maybe his document?

Rick Takahashi: (34:48)
I think one of the books that I have that I really enjoy reading even today going back to read is his book on Caddis. And, um, uh, you know, his, his book was, uh, just, just monumental and in, in the fact that he was, he was tying these more impressionistic type of flies in my view. Um, and, you know, he, he did a little luxury and a lot of demonstration, a lot of dieting and things like that. And, uh, his was one of, one of the, one of the only fly tying classes I ever took was one of his classes. And that's, that's when we became friends and, and, uh, you know, uh, uh, what a great guy, what she was going to, who's going to publish the, uh, you know, my, my first book until we got really sick and then unfortunately died of ALS. But, but, uh, yeah, that, that was, that was a, that was a sad day. But, um, but I, I, you know, I learned a lot

Dave Stewart: (35:50)
okay.

Rick Takahashi: (35:50)
About, um, you know, uh, do we fly time demonstrations, how to present yourself, you know, and, uh, um, how to be prepared and, and, and things like that. So, uh, I learned only anybody.

Dave Stewart: (36:04)
Cool. What, um, that you were mentioning, um, I had another question here from a Sam Swinton in the group, um, and he was wondering what your GoTo pattern is, um, that, uh, that kind of mimics lots of different terrestrials and then maybe something that's simple to ties. Is there anything out there that's kind of more like talking about impressionistic? Is there anything that represents multiple?

Rick Takahashi: (36:26)
Well you, you know what, uh, I tell you one of my favorite flies to tie and, um, uh, is, uh, my, uh, my version of, uh, of, um, the, the Latort hopper and, uh, I, I feel that, uh, Ed Shank designed that fly was just genius and it's a trustee of the five 80 tide. Although, uh, I, I decide to modify to meet my own needs. I wanted to have, you know, to give you an example, um, uh, his, his fly, I believe when I first found out about the how to tie, that's the first dry fly I ever fish was, was his fly and had been doing so for the past, you know, 50, 60 years, you know, is that, uh, the body was taught with what with rabbit for, uh, you know, yellow. And I, and I, I placed that with a tied onto use fly rite, which is a, a dubbing out of Michigan and a in a golden yellow.

Rick Takahashi: (37:29)
So I tie that for the body. And then, so the wing, excuse me, he used moddled Turkey and um, and it's beautiful. It was expensive, but it was beautiful. But what I found is when I'm fishing it and I'll catch fish, let the flood, the wind would disintegrate. And excuse me, I find that there's a silver, the wing I think is maybe one of the trigger points. So what I like, so what I use now is I use a river roads creation, a model wing material, and I use one of their wing cutters and cut out these, these little wings for the, uh, for the, the, uh, the winter
Dave Stewart: (38:07)
or is that synthetic?

Rick Takahashi: (38:10)
Uh, yes. It's just, yeah, it's a synthetic material. So you can tell you're, you're a, you're uh, you're a reads there to, uh, to look up river road's creation and their moddle of wing material.

Dave Stewart: (38:21)
I'll, I'll put a link in the show notes to that material in any other links that we talk about so people can check it out and go directly. Is it look like that is another good question that comes up a lot. The, you know, the difference between synthetics and naturals. What, what do you recommend when you're tying terrestrials? What do you typically use a lot of both or one or the other?

Rick Takahashi: (38:42)
Uh, you know what, I'll use whatever I can, you know, uh, I know there's some traditions who only want a time with natural materials, but are I tell you what would have been of water, the synthetic materials? I, I think they just add a boom to and the effectiveness. That's the sea of the fly by using some of these materials such as river roads, creations, uh, you know, they're, they're uh, a river wing material. The modeling the [inaudible] material, which is made out of foam. That helped.

Dave Stewart: (39:13)
Well that's all I'll say. Do you guys typically, do you typically use, that's what Paul Roos was saying here. Do you typically use, um, you know, foam, you know, for hoppers and things like that more for a hopper?

Rick Takahashi: (39:27)
Oh, yeah, yeah. I used a lot of foam him and a lot of the other patterns of my auto patterns that I tie, you know, I use one millimeter thin foam and cut in strips and, uh, for the abdomen. It, you know, gives that segmented abdomen floats well. Um, but get back to the, uh, uh, hopper. I, I just, I use that, that, um, that synthetic weighing and, um, uh, position at, on top so that when you're looking at the fly from underneath, you see that wing out outline. And then I used the nature spirit, uh, dear hair, you know, like mule deer hair, uh, for the, uh, for the top wing, uh, and the head of the fly. And, uh, that's, uh, a friend of mine, um, named at the taka hopper and it's, it's been, it's been, you know, if only had one dry fly to fish during the summer, it'd be that one, cause I've caught so many fish with it. In fact, there's this friend of mine coming from Japan. Um, he was here several years ago when, when the, uh, is the IFTD was in Denver. Uh, and, uh, uh, we went fishing and in two days on the rivers near my hometown, he caught over 90 fish, which is using my, my little taka hopper. And, uh, uh, you know, I just, um, I, he says, Oh, this is a good fly.

Dave Stewart: (40:49)
What size do you like to use?
Rick Takahashi: (40:52)
Uh, I typically tie 'em, you know, from 12 down to 16 on that, and I can tie up large, I can tie a larger, grasshopper, so, you know, so I can go up as, you know, like 10, you know, uh, 12 for the, for a hopper. But I use a lot of times actually to mimic a cat as you know, so I'm trying to cover all the bases. I've grasshopper caddis, you know, something that looks alive in the water. And by golly, I've, I, you know, when I was guiding, um, if my clients were having a trouble in the summer catching fish, I put on the, uh, you know, my little [inaudible]

Dave Stewart: (41:33)
[inaudible]

Rick Takahashi: (41:35)
and they were fishing right next to the bank and, you know, it was really effective.

Dave Stewart: (41:42)
That's cool. So you've done some guiding, it sounds like, I mean, is that something that you were a, you did a lot of, uh, or do you still guide?

Rick Takahashi: (41:49)
Well, you know, I, I, I did some guiding. I, um, I, um, I, I prefer to teach people fly fishing than guiding. Um, and I think one of the main reasons is that, um, a lot of times with the guiding, the expectation of the customers is sometimes that, uh, they, um, they will catch a lot of fish and sometimes the person you're guiding maybe has not ever fly fish before. And so you got to try to get them into fish with and to learn how to cast and do all that stuff. Uh, you know, and I think that's, that's kinda tough.

Dave Stewart: (42:30)
Do you feel like there was pressure when you were guiding lots of lots of [inaudible]?

Rick Takahashi: (42:33)
Oh, yeah. Yeah. Yeah. Because, you know, a lot of times I found when I was guiding is that the shop owner got the majority of the money and you got a little bit for the guiding. And I'm going, wow. You know, and so, which re relied on was for your customer to have a good experience. And I try to give them the very best experience that they could have, but sometimes it didn't result in them catching great numbers of fish. And so sometimes they were kind of reluctant to, to give you a, a better tip, you know, that that's what you, you relied on was, was a tip, which was more of what you're going to get paid. Um, but I, you know, I, I, I enjoy, I'd rather just take someone out and show them, you know, take them fishing and then to have to guide them and pay me.

Rick Takahashi: (43:24)
But I do really enjoy teaching people how to fly fish, you know, and I tell them that the expectations that they may not catch fish, but I want to show them everything that they need to know how to read the water they had the biology and all of that. Uh, and, and the casting techniques and where were the fish might be. And, uh, you know, always when I was on a, uh, on a, um, teaching the fly fishing trip, uh, that they always caught fish, you know, so that was, so, that was always a good outcome for them.
Dave Stewart: (44:00)
And was the teaching just a non-paid sort of session or,

Rick Takahashi: (44:04)
well, no. Why? No, I got, I got paid for, for teaching, uh, teaching them how to fly fish, you
know, uh, and, and I still help friends, you know, who want to learn how to do it for the fish they
have to pay me. I just like to take them on teaching. But it's that aspect of the teaching that I
think really, Oh, you're, I love to be in a teacher. And so that's just an, another outcome of, of,
um, of my teaching experiences is you take it to the water and show people how to fish.

Dave Stewart: (44:34)
No, it's interesting. I, it's an interesting story because we've, I've interviewed a bunch of guides
on this show over the, the, you know, the years here now and one of the things that keeps coming
up because I guided as well and struggle just like you with that, uh, expectation thing. But that's,
that's the thing that I'm hearing a lot is that you've got to be able to right up front balance the
expectation and an I do, we do a lot of steelhead fishing down here and talk about, talk about
expectation. You know, these people might not even touch a fish all day and the important thing
there is to let them know, you know, to balance that expectation that, that, but they're going to
learn a lot more on that trip. I mean, did you ever think about going in like you had a day job, but
did you ever think about making fly fishing and tying your, your full time income in your life?

Rick Takahashi: (45:19)
Uh, no because I think the, one of the reasons is that I, uh, I, yeah, my experience, I, I found that
sometimes you just take a hobby and something that you love to do and you make it into your
major source of income and that, that you, um,

Dave Stewart: (45:37)
you lose it,

Rick Takahashi: (45:39)
forced it to do that. Maybe it's not something that you really feel comfortable in doing. Whereas
Mark fly tying it, this is just fun and yeah, I can make some money at this. You know what I
mean? I've written books. I, you know, I make money as a, as a instructor when I go out and do
presentations, I can make money, you know, doing presentations on Midge fly fishing or
terrestrial or fly fishing. Um, uh, I've done several presentations around the United States, uh,
and, uh, I can make money that way and that's, that's all nice, you know, to be able to do that. But
it's, the greater joy is spreading. It's spreading this, um, this wonderful sport with other people,
you know, and, uh, if he can get paid for it, that's great too. You know, like being a fly designer
for um I, you know, I get a little bit of royalty for writing this book. I get a little bit of rural
royalties. It's, it's not, it's not huge, but you know, it's better than us.

Dave Stewart: (46:42)
That was the question. I can't remember. I'll put a link in the show notes if I remember the guests.
But a while back I interviewed a guest and, um, you know, it was on the same topic. You know, I,
I, this is interesting to me because I love to hear it. I think there's a big struggle with people.
Some people have gone all in and you know, made a business, a life out of fly fishing. And some,
a lot of people do it on the side. But I asked him that question. I said, Hey, do you, um, you
know, what, if you didn't get paid at all for doing your books and stuff like that, would you still do it? You know, and that's it. Right? So if that question was to you, would you still do it?

Rick Takahashi: (47:17)
Well, you know, I, I'm writing the book. I never thought in my wildest imagination that I would write a book, you know, and let alone being in the fly fishing industry. I mean, that's done

Dave Stewart: (47:33)
was Jay Nichols was Jay Nichols. The reason why was Jay Nichols the reason why you first had the idea to write a book?

Rick Takahashi: (47:43)
Um, uh, Ross pernell and Jay Nichols were, were the first, first two guy, Jay Nichols was the, when he left five Fishman, he opened up his, his company a headwater books. Um, and he was the first one to, to say, um, you know, would you be interested in writing the books for fly fishermen magazine with Ross? I wrote several articles, you know, on, on fly tying and fly fishing. And so that was, that was really fun. And, uh, I just wanted to say something to, you know, the, um, on the guiding aspects, I really respect guide a lot that they have a hard job to do and they have to have, uh, a lot of love for him. But some of the, some of my friends who are guides, one thing I noticed about them is that they were all teachers. So not only were they guiding, but they were showing people how to fish, you know, how to fish successfully. Yeah. And they were, they were excellent teachers. So I learned a lot from, from, from them. I think guiding is a, is a hard job. You know, you know, a lot of people think it's really glamorous, but you know, once you, once you get right down to it.

Dave Stewart: (48:56)
yes.

Rick Takahashi: (48:56)
You know, you've got to not to take care of your equipment and you gotta, you know, take care of your equipment and the trip, you got plan for the next one. If you have flies that you need to tie, you got to tie flies for the next trip. You know, it's, it's not, it's not, uh, it's not easy work to do at all. And so I'm kind of lazy, so

Dave Stewart: (49:18)
I know, I hear ya. And the guiding that I did, I remember, I mean, I did some of the stuff where, you know, not only all the stuff you're talking about, but I was setting up camp, I was cooking food, you know what I mean? I pretty much was doing like a four day river trip and they'd kind of do it all in retrospect. Yeah, I know. So in retrospect, you see a lot of the, you know, the good, the good companies now they have, you know, bag boats and people, you know, setting things up. I mean, there was a point where when I was getting, I did all of it and it was just like, it was such, it was such a, a, a, uh, you know, kind of a burnout thing. It's, it's tough, but I, I'm with you, man. Guides are, I think it's one of the toughest jobs pretty much in the world, huh?

Rick Takahashi: (50:00)
our industry adds a really tough job. And, and I, I tell people, I said, well, then she would eat guy
and I sit down, I don't get any more because I got lost once they said, Oh, well you're not going to take one out anymore.

Dave Stewart: (50:15)
Did you roll? You got lost.

Rick Takahashi: (50:17)
No, I didn't. I just say that that's, that's why, that's why they, I, they say, well, why don't you guide? And I said, well, I got lost

Dave Stewart: (50:23)
Oh, right, right. It makes me, again,

Rick Takahashi: (50:25)
it's just kind of a joke. I, if you get to know me and I hope you, I hope we can, we can meet our paths, cross in the futures that, uh, I do like to have a lot of fun. So I, I'm, I'm kind of a jokester too, so I have great fun with my friends. I've got some great friends and we, we're joking all the time and they're always commenting about my ineptness as a, as a fisherman. So, you know, so it's, it's, it's all in, in, in, in good fun. But di, uh, I just derive a whole bunch of joy out of, uh, uh, at efficient in talking about fishing and showed people and, um, and, uh, you know, designing flies. I, you know, every day I'm, I'm down time flies, you know, um, and, uh, thinking, Oh, here's the material. You know, I'll go to the, I'll go to the dollar store and I'll look for stuff. I wonder if I could fly out at this, you know,

Dave Stewart: (51:25)
what's the best, what's the best dollar store material you've ever, you've ever found?

Rick Takahashi: (51:30)
Oh my God. There's, there's, there's, there's quite a few. Um,

Dave Stewart: (51:35)
what about for terrestrials? Anything come to mind?

Rick Takahashi: (51:39)
It, you know, in the children's section they'll have dolls and things like that. And then they had these fake, these fake wigs, uh, you know, that kids can put on, you know, and I took it, I looked at those and I said, Ooh, that fiber there, if I cut it shorter, I can make those look like legs on a, a niche.

Dave Stewart: (51:58)
So Rick got a question. Have you ever taken one of those wigs and put it on your head just to see what it looks like? I'll be honest, be honest.

Rick Takahashi: (52:07)
Yeah.
Dave Stewart: (52:09)
Nice. All right. Do you have kids by the way?

Rick Takahashi: (52:12)
Yes. Yes I did.

Dave Stewart: (52:14)
Okay, good. That that explains a love. I was just thinking to myself, do it. It makes it, okay, so, so the wig, so what do you use that for?

Rick Takahashi: (52:21)
I was, so when I was using it for, it's like, um, uh, like a friend of mine down in San Juan Bear. Uh, his, his, uh, bears beatis, if you ever looked that up. It's a great little beatis pattern. And he uses, um, he uses a, um, uh, you know, some, fibers, real fine fibers for his tailing and for the back and for the wing case and the legs. And so, you know, I was eating a bag of Cheetos and having a look on inside that was silver. And so I thought, Ooh, sorry, I cut it out, washed it, and then I cut it into strips and I used it as Ruby on a chironomid, you know, uh, and uh, and, and it worked. And so, you know, it's just really fun to, to, um, to, to see if I can take the material and, um, and make it into a fly.

Rick Takahashi: (53:16)
Now I've got a bunch of materials that I have that, you know, it was kind of a voice. I couldn't figure out anything to really do with it, you know, that I thought real successful. But I still keep looking, you know, you find foam, I'll find little containers, just, just a lot of different doodads. And so, um, you know, I, I've got a couple of friends, one of my photographers that Mark Tracy and, um, was a great guy to go to the dollar store and find, find materials. And that's what got me going into the places. He goes, Hey, look at this. And I go, Oh wow. Maybe I could tie a fly.

Dave Stewart: (53:53)
There you go. You should, uh, maybe that's your next book, a book with all dollar store materials. That'd be Tough

Rick Takahashi: (54:02)
boy. Yeah, that, that would, that would, that would be a major undertaking.

Dave Stewart: (54:07)
How do you keep your [inaudible] can you describe maybe, you know, we talked a little bit about terrestrials. Can you just describe your book, um, your, your book on terrestrials to somebody who's never read it before and talk about how you keep it from getting, you know, kind of boring, you know, it seems like some sometimes, I mean, obviously you and me, you know, are people that are nerdy about it, they love that stuff. But do you think, can, can books tend to get a little boring sometimes on tiny?

Rick Takahashi: (54:31)
Oh, well, I, you know, I, I think anything can get boring at, at times. Uh, the way that I, that I, I, uh, approach, uh, terrestrials was, to, um, to talk a little bit about why do you fish? Terrestrials you know, and, uh, you know, one of the major reasons is, you know, for the survival of the, uh,
Rick Takahashi: (55:30) 
So some people have some, a little bit more understanding. You know, I talk about grasshoppers, crickets. did cicadas, leafhoppers beetles, ants, bees, wasps, you know, uh, uh, butterflies and moths and, uh, I have a friend of mine who's an entomologist, uh, Robert young Hayes, uh, out of, uh, Colorado Springs who, uh, you know, wrote a lot of stuff about, um, about the entomology. Um, you know, and then I broke down the, um, the flies into, uh, different types of, uh, terrestrials, you know, like different types of hoppers, ants, beetles, Moths spiders, um, uh, my, um, you know, crickets and all those different things. So I show examples of what other people, how they interpret it. And, you know, my goal was, you know, this could be just another fly time recipe book with a whole bunch of patterns and you know, who's going to look at it. But I tried to do, to think about, you know, the, the flutter, who wants to imitate a certain pattern. And while here's some examples of what people across the world have, uh, have, uh, have designed for their, their tourist shows and tried to show them examples of how creative these, these people can be. And, and hopefully that's going to stimulate the creativity of the tires that they may go, Oh, I like, I like this part. Maybe I can incorporate this into my fly pattern. And then, um,

Dave Stewart: (57:02) 
so you type your eyes. Did you show the recipes and uh, like step by step in the, in the modern terrestrial book?

Rick Takahashi: (57:09) 
Well, what would I do in, in the, uh, yeah, what I do is I, I've uh, uh, J uh, photographed all of the flies that I submitted. So you have an example of fly and then then, uh, um, um, uh, then it has the recipe, it has a hook to thread with. The body's made it the ribbing you or the wings back, you know, and all that. So that the person, most people who tie flies, even though they haven't ever tied some of the patterns, most fly times I think, uh, once they gained the experience of time, time flies can look at a fly even though they've not tied to perform. And they can, they can start replicating that, you know, fairly easy instead of having to give them a step by step. And then what I do in my books is that, um, uh, in all the books that I've done is that I take, uh, several flies and I do a step by step, uh, uh, illustration of, uh, with photographs, the, uh, the time process. So they get an idea of, of what the process would be. And so that, that's what I do with all of my books. So, so if they're tying in that I showed them how to tie several basic ants, you know, several basic grasshoppers or things like the material.

Dave Stewart: (58:25) 
What was your, um, what was your first, uh, book that you wrote that was published? That was that

Rick Takahashi: (58:31) 
the first, first book was called modern midges.
Dave Stewart: (58:34)
Okay. And out of the, out of the books or the, you know, all the work you've done that you've, you've written in, you know, and it sounds like magazines as well. Is there a, a, an item that you're kind of most proud of?

Rick Takahashi: (58:46)
Oh, I, I think, I think, Oh gosh, I guess I would be, I'd be proud of all the books because I find that writing is hard to do. It doesn't come naturally.

Dave Stewart: (58:57)
Yeah. What is that? That's the same for me. I mean, writing has always been a struggle for me and I think that I'm part of is I haven't put in enough time and done the work. But for you, why, why do you think it is has been a struggle?

Rick Takahashi: (59:11)
Well, I did, to be honest with you, um, is that, um, you know, I, I just wonder if I didn't have some learning disabilities, I just seems like I could not, I could not grasp a grammar and I studied it. I as, as hard as I possibly.

Dave Stewart: (59:27)
How long did that, how long did that go for you? Like, did you in your life before you felt like, are you still you still struggle with that?

Rick Takahashi: (59:37)
Yeah, yeah, yeah, yeah. You know, because I don't, I don't understand grammar all that well. And so, um, but what I did with was Ross and, um, uh, with Jay Nichols is that they also taught me how to write better. And so, so my writing has as improved, uh, quite a bit. But you know, um, when I was in college, I minored in, I could've got a minor , in freshman English cause I didn't know what a D was, a passing grade. I just, I can't find it, kept taking it over and I, all I get was D, you know, and I should have probably just stopped there. But, but, um, one thing my parents taught us is that you don't give up. You just keep, you just keep fighting. You know, you just never give up on things. You just keep going and try to do the best you can. And so that's, that's what I, I tried to do. And, and you know, when, uh, you know, I, I think the really tough times are in college and in graduate school, you know, uh, having to write it, take me 10 times longer to write because the way I write is I write as if I were just talking to you. So I don't use, I don't try to use big flowery.

Dave Stewart: (01:00:54)
Right.

Rick Takahashi: (01:00:54)
I just try to communicate, just like if I'm talking to you, that's how I write. What I do is, well, what I do is I'll put it away and then I'll bring it back out and read it and see if it makes sense to me. And then when it starts to make sense to me, um, then, then, then, uh, then I'll submit it. Like on my fly, tying artists, I put it away for, uh, you know, a month, and then took it back out to read the manuscript, or I'm going, who wrote this crap? You know? And so I rewrote it so that it made more logical sense, at least to me, to my ear. And so, so, you know, I, uh, I, you know, I've got
favorite, I got favorite art, you know, uh, uh, authors, you know, uh, Pat Dorsey, Colorado hits 
my favorite, favorite author.

Rick Takahashi: (01:01:45) I love reading what he writes. You know, uh, re I really, I really like his books and so, uh, I wish 
I could write like him and they have the thought process, but, you know, I just realized that this is 
the best I could do. So I'm gonna try to do the best I could do. At what limited, you know, 
abilities I have. And so, so my, my greatest, you know, my, to me, my greatest accomplishment 
of these books is that, you know, the I that I was able to, to write them and well, one thing that I 
learned from Ross, from, uh, from Jay is they also have very good people who are proof readers. 
They can clean up some of the mess that you made.

Dave Stewart: (01:02:24) That's right. Yeah. I think that's such a cool, and I actually had Pat Dorsey on in a past episode. 
He was a great, um, yeah, we dug into some of the Colorado fishing, but no, I think this is really 
cool. I mean, it sounds like you have a master's degree as well, and I think it's, it's a, it's a really 
cool story for anybody, you know, that realizes, I mean, you, you've had this struggle, but even 
given that you've got these degrees, you've written three books, it just says like, anybody can do 
it right? If you put put enough effort.

Rick Takahashi: (01:02:54) Well, yeah, yeah. You know what, it's, it, um, don't, don't give up, you know, keep, keep fighting. 
You know, that, that's one thing my parents, you know, the one thing that I remember most by my 
parents is that, you know, treat others with the kindness and respect and don't give up, uh, 
difficult situations cause like my parents were in the relocation camps, you know, and, uh, and 
that was a hard struggle for their families, but they overcame it by having a positive attitude. And 
so, so that's one thing that they instilled in us. You know, they didn't talk about camp much at all 
to us, but, uh, but, uh, they did certainly still the aspects of treating people well and, and to keep 
keep if you're having a struggle, keep fighting through it.

Dave Stewart: (01:03:45) And were these the, uh, these were the camps where basically after the war, Japanese, uh, people 
that were in the country, how did that work? What were the, where did the camps come from?

Rick Takahashi: (01:03:56) Well, they, well my, it was my mother's side of the family. They were in California and when the, 
uh, uh, the war broke.

Dave Stewart: (01:04:05) Oh, right.

Rick Takahashi: (01:04:07) They were all gathered together and uh, um, sent to these, um, relocation camps. Uh, they call 
them relocation.

Dave Stewart: (01:04:17) Yeah. It was kind of like, probably like, almost like a prison, almost like a prison. Right.
Rick Takahashi: (01:04:23)
It wasn't almost like a prison. It was a prison. And so, you know, yeah. Yeah. They weren't, they weren't allowed to leave. In fact, one thing you ought to do research on is you ought to read about that manzanar anglers. Uh, I think that mans in our anglers, there was a group of, of, of uh, detainees, would sneak out underneath the fence at night and go trout fishing, sneak back in

Dave Stewart: (01:04:50)
no way.

Rick Takahashi: (01:04:51)
Yeah. And so there's, there's, there's that I'll, I want to, I, I recently found out about that, so I want to try to find it.

Dave Stewart: (01:04:58)
Yeah. Let me know if you find some info. Send me and I'll put a link in the, in the notes here.

Rick Takahashi: (01:05:05)
Oh yeah, yeah. Well, you know, it's, um, it's a, um, it's, it's a wonderful story. You know, I've, I've been loving their sports so much that they would risk know, can shot by sneaking out and going fishing, you know. But, uh, but, uh, so, so after, you know, after, after the war, you know, uh, um, you know, my, my folks settled in, in Denver and, uh, you know, and my dad, uh, uh, through various jobs decided he wanted to open up a restaurant. My, my grandfather had a restaurant on alamer square for, uh, people coming out of the relocation camps to have a meeting place to try to find, you know, housing and employment and things like that. So it was a struggle. It was a struggle for sure. You know, but, uh, but that's one thing that they, that they taught us is that not to give up and, you know, and to treat people well.

Rick Takahashi: (01:06:07)
And so I took that into my teaching. You know, I, that was my philosophy. I was the department head night. You know, I, that's all I told my, my teachers, you know, here's our, our philosophy for a department, treat people well and treat them with kindness. And, uh, our department just grew exponentially. So that was really great. And, you know, and I got my master's degree in working with, uh, um, uh, uh, development disabled. And physically handicapped children. So that's where I started out. My teaching careers is doing that and then then got to get into teaching art, mango my career. So I was really lucky. I was really lucky. So, so doing the fly tying demonstrations and these presentations and all that as just another extension of my team.

Dave Stewart: (01:06:55)
Yeah, no, I hear it. I, I, this is cool. This is cool. Rick. I, you know, I'd love to dig in and hear more about, you know, their, your background and your teaching work. We're kind of, you know, we're over an hour now, so I'm hoping to maybe wrap this thing, wrap this thing up here pretty quick. Um, but do you have any more time to do a little rapid fire round?

Rick Takahashi: (01:07:12)
Sure.
Dave Stewart: (01:07:13) Okay, cool. Yeah, and I just noted, I saw that Pat Dorsey, the episode idea that the title was Pat Dorsey, a Tailwater fly fishing, tiny flies cheeseman. So yeah, we talked about, we got into some of the small flies and stuff that Pat for. So that's a, that's episode 56. I'll put a link in the show notes, but, um, yeah, let's just start this off. I always start off with the two 22, which is, you know, your top two flies, top two tips and top two resources. And I guess if we're thinking about terrestrials, do you have, maybe you mentioned one, but do you have to flies are kind of your GoTo terrestrials you had to pick two?

Rick Takahashi: (01:07:46) Uh, yeah. Uh, I have my, um, my taka hopper my, my, one of my ma, my favorite GoTo patterns, and then I tie a little bullet, head grasshopper. And, uh, the reason I tied that is that a friend of mine, uh, Tim England, who was one of the finest deer fly tyers ever in my opinion, uh, taught me, taught me this technique of using a big pen to create the bullet head. And you could tie these real bullet head. So I've come up with my variation of a, of a bullet head hopper, you know, those are two of my, uh, favorite, uh, terrestrial patterns to tie. I do fish a lot of Beatles. Uh, and, uh, some San Juan large carpenter ants, you know, I find a fish like those, uh, and you know, uh, those are, uh, two of my.

Dave Stewart: (01:08:42) Okay. And what about, and you had a tip there, I think that's kind of the use the, the big pin sort of thing. Are there a couple of tips like fly tying tips you would throw out there to maybe help somebody tie better terrestrials or, or anything in general you think of?

Rick Takahashi: (01:08:57) Well, you know, what I, I try to teach my students is that less is more. And so, uh, you know, not over over, uh, dressing and flight, taking too many raps of threat, uh, using as, as good a craftsmanship as you possibly can. I think as a, as an art teacher, I taught my students that craftsmanship was very important. So try to tie the fly as best you can. Um, and that's, that's a, a tip that I have. And then a tip of fishing, some of these flies that's kinda non-typical is that I oftentimes will fish my terrestrial patterns directly upstream and that goes against some of the laws of the end of the leader in the fly and the fly line coming over the fish. Uh, but, um, but I, I've had great success. So what I do is I'll cast, you know, 15, 20 feet upstream, let it drift about maybe three or four feet and then do a roll cast pickup and then throw the same distance cast right next to the, the previous castle. Just let it drift down and just work across the, uh, across the shallow areas, past the seam into a little bit of a deeper water. I generally don't fish dry flies and real deep water because, you know, fish aren't going to travel that far to, uh, to do a grab the, uh, that the inserts unless it's something large like,

Dave Stewart: (01:10:19) Oh, no,

Rick Takahashi: (01:10:21) no, unless I see fish.

Dave Stewart: (01:10:22) Or are you catching more do you think right next to the bank as opposed to, yeah.
Rick Takahashi: (01:10:27)
Yes, I eye catching a lot more, uh, next, next to the bank. And, and, uh, in fact, I see a lot of
times when people are fishing the standing right where the fish are, the deeper water. So that's
why I developed that technique. And that was taught to me by a Don Johnson is who was my
mentor, who taught me how to dry flies, art to fish, to catch trout. You know, I had all the
equipment and I looked like a fly fisherman, but I couldn't catch any fish. And he taught me I,
this guy is phenomenal. He can catch fish anywhere and I've been all over the place with them
and he just, he's just a fish catcher. And so he tell me a lot about, uh, about fly tide, know about
art, official art, about books and, and, and everything. And so that's, so that's one of my, my try
fishing, that, that upstream approach. Um, and I wish I could simplify it down a little bit more for
you.

Dave Stewart: (01:11:23)
All right. That's great.

Rick Takahashi: (01:11:25)
Great, great, great. Uh, success with that.

Dave Stewart: (01:11:28)
Do you? Um, um, I was gonna say, well duh, finish off the two 22, um, the two, uh, the two
resources. Do you have any, you know, obviously your books and stuff, but some resources that
aren't your own, maybe a book, magazine, video, anything else you'd recommend for dressers?

Rick Takahashi: (01:11:45)
Well, I, I, um, well I, I really love a fly fisherman magazine. You know, if I'm going to write an
article there, they're the only ones that I would write for cause they gave me my first shot and I
tend to be pretty low loyal to them. Um, I, I think, um, uh, there's a, there's a lot of great, um, uh,
authors out there. It's, the list is long, you know, you know, I think a really great basic fly tying
book is Charlie Cravens. It's basic fly tying. If a person, yeah, if a person were to read that from
the first page to the end and not skipping between, there'll be a pretty proficient fly tier. I think
his book is, is really good. Um, I, I'm, I'm really, like his work. I, I like all of Pat Dorsey's books.
Uh, Landon Mayer is another, uh, author that I really admire his work in his writing and his fly
tyling in his guiding. Uh, he, he's, he's a good friend and, and some of that I really, uh, I really
look up to. Yeah.

Dave Stewart: (01:12:55)
Yeah. No, Landon is a, I've had him, I've had him on the show as well. That's a cool thing. I, I
mentioned this a lot because it's pretty, it's pretty cool. In fact, somebody even called me out, I
think it was in, Oh, it was in a comment I've had one of my, uh, you know, the thing about it is
right, you get a lot of positive comments, but occasionally you get a negative comment. And one
of them was that, um, you know. I, I think I do too many shout outs on the, uh, on the show here
to people that I've interviewed. But I think it's interesting because it lets me, yeah, lets me know
I'm on the right track. You know what I mean? If you're talking about Landon Mayer and Pat
Dorsey and I, and I've already interviewed him, it makes me feel like, okay, I'm probably hitting
the right people, you know?
Rick Takahashi: (01:13:31)
Yeah,

Dave Stewart: (01:13:32)
yeah. But, but, but yeah, let's, let's just continue. I'll wrap this up here. I got some, some random ones for you here. Um, we, I had Rachel Finn on in the past and we were talking about jokes and you said you're kind of a joking person. Do you have a, this is put you on the spot for sure. But a joke to tell here are jokes even a thing anymore. It seems like they, there was a lot more of the, you know, you go to a bar and they'll, are they out there anymore?

Rick Takahashi: (01:13:57)
Well, yeah. You know, you went into a bar. There's so guy sitting at the bar and he's an older gentleman, you know, quite a bit older and, and he sitting there and he's just mumbling. He's crying and his bear there and [inaudible] I just married this girl. She's 20 years old. She's beautiful. She's just wonderful. She loves, she loves me. She ties my flies and she Rows my boat, cooks my fish, and she's just wonderful. And I go, Oh, why are you crying? He goes, I forgot where I lived, you know, stupid thing. But you know, I find I'm finding, I'm getting into that realm of forgetful fishing jokes.

Dave Stewart: (01:14:50)
That's good. That's good. I'm there as well. I'm there as well. Um, what about your vice, uh, can you tell me the vice you, you like to typically use and then also maybe do you have a vice a that's more on the, um, the other side of, of vices?

Rick Takahashi: (01:15:08)
Well, yeah. I do a lot of my demonstration fly tied on it. My personal fly time is a device that is designed by Kevin Evans, um, who is, um, uh, a friend of mine. He is in my first two books and he came out with his vice and it's called the forced predator vice. And you can look it up. And, uh, he's, um, he's trying to, he's struggling to get, get it out on the marketplace. You know, he's trying to do it on South, but it's a great vice. And then when I first looked at it, it looked pretty large and clunky. I, you know, I, I joke and tell him, I said, gotta remind me of a car, Jack, what I'm trying to tie with this, but what I tied with it to me it was very reminiscent of I like to collect what vices and I have a law advise and it kind of reminded me of law advice. And so, um, so I, I liked that vice, I tie with that vice a lot. Um, also tie with the CNF a reference by and uh, I, I think that's a great price to tie within. Uh, and then I also like renzette vices to tie within. Well I've got all them got Regal, HMA devices. I love tying on vices cause it research, beautiful works of art, like sculptures to me.

Dave Stewart: (01:16:29)
But yeah, so you, you, you play the guitar.

Rick Takahashi: (01:16:32)
Yeah, but not, well, you know, one of those bucket list things that, that happened a couple of years ago is that when I was in high school, we started at, you know, a little band and actually pretty good back in those days. Uh, uh, most of the, uh, three, two joints around here, uh, higher bands didn't have jukeboxes or didn't have DJs or things like that. So we got to play in a lot of, lot of different, uh, venues here in Colorado. Um, you know, and um, uh, and the band got pretty
good. Uh, I, I was never very talented but, but I was their friend. They were, I played blues harp and I, I, I was a delete singer. I can't sing now. I shot horrible and I play the guitar, but we got together after 50 years. Our drummer had his class reunion, I, it's 50th class reunion and we got together and we came from all different parts of the United States and sat down and played for a couple of hours. We didn't even get to practice together. We just had, we just had a list of the songs that would key was going to be prayed in. And we just started. We just started playing in it and it was so much fun. And some of the songs I couldn't remember. I just grabbed tambourine and beat on it, you know? But I got, I got to play the, guitar and, and uh, it was fun. I was not a very good guitars.

Dave Stewart: (01:18:00)
Did you guys cover it or did you play, did you play songs like a popular songs on that? Well, yeah, a lot of cover songs. You know, like what would be one, what would be one? You were,

Rick Takahashi: (01:18:10)
well, yeah, we started off with, um, uh, uh, Barbara Ann here from the beach boys.

Dave Stewart: (01:18:16)
Oh,

Rick Takahashi: (01:18:19)
We did, I mean, we did all kinds of things. Yeah. But, uh, the band that I was in, we were, we evolved more into a, a, a blues band, you know, and so we were playing Chicago and Delta blues, you know, a big mama toward buddy waters, you know, a scrapper Blackwell, a, you know, a blind faith, uh, cream loving spoonful, you know, Beatles loved the Beatles. So we got, we got to play a lot of those songs. You chubby checker to twist, you know, easy three core things that we had so much fun. But I, yeah, I think in my heart of hearts, I'm, I'm, I'm a blues.

Dave Stewart: (01:19:01)
Do you have a blues harp next to you right now?

Rick Takahashi: (01:19:04)
Um, you know what? I don't have it right next to me right now. It's down in my,

Dave Stewart: (01:19:09)
Oh, gotcha. Okay. How's it going?

Rick Takahashi: (01:19:14)
I haven't blown one in such a long time. In fact, I'm thinking about, I'm thinking about going and buying another Horner's up blues harp and D cause that's what I used to play in repairing the key of a, but you could, um, I could, uh, blow the of the deep roots harp and it was, you know, right now I'm so old, I, when I get out of breath after taking a couple of notes. Yeah,

Dave Stewart: (01:19:36)
yeah, yeah, yeah, yeah,
Rick Takahashi: (01:19:39)
I do. I do like the music and I do love the Beatles. I do love 50, 60 rock and roll and stuff.

Dave Stewart: (01:19:46)
Yeah. Yeah, me too. Me too. I love that stuff. All right, Rick, we'll um, I guess, uh, you know, kind of reviewing everything today is there, um, you know, we've kinda been all over the places a bit, a lot of fun. Is there any, um, you know, is there any takeaway or anything you want to leave before we let you get outta here?

Rick Takahashi: (01:20:00)
Well, you know, I would have, I would appreciate a, maybe a, maybe a shout out to the, the, the pro's staff 'em on, you know, um, um,

Dave Stewart: (01:20:10)
yeah. Did we miss anybody?

Rick Takahashi: (01:20:12)
Uh, Oh yeah. Um, let me, yeah, let me just try to think here. Um, I'll just start with telling you they come to my mind. I'm, I'm a diachii pro staff. I'm on Fly Men, um, uh, Hemingway, uh, Semper fly, uh, Whiting farms, uh, Canadian Lama, uh, the finest fly time benches, um, force fly fishing. Um, let's see who else? Um, of course, umpqua feather merchants, um, solo red. Let's see who else?

Dave Stewart: (01:20:55)
That's it. Let me, you, you, you, uh, you rang a note here on, um, I had a note from Daniel, a Patobed in the Facebook group as well. He was talking about the, um, the amazing Colorado bench. He wanted me to ask you about. Does that, does that mean anything to you?

Rick Takahashi: (01:21:10)
Yeah. Uh, my friend Jay Berge, uh, makes sure the finest is coming. It's called the fine slide time benches. He makes these beautiful, beautiful benches out of all different kinds of exotic woods. And to look at it, you to look at his website, he's got the beautiful benches. In fact, he's, he designed, he's given me three of the benches that I use for a smaller one. For my slide time. Devils that I, that I take around with him, but his benches are just well designed and well-made. Uh, and, um, I, I just love tying on his benches. And what's really cool about, about Jay is that when he's a little kitty, you live nearby where I lived and I had a tree and he built, uh, a bird house or a clubhouse in the tree. And I helped him. And, uh, years later, years later where I, uh, the fly fishing show goes, mr Takashi, I think I'll tie with one of my benches. And I'm going, Oh man, I, I can't afford it. You know, and you said, you don't remember me, do you? And I said, no. And he goes, I'm Jay burgeon. I said, little J. You're all grown up, you know, and so, so he's taken very good care of him, but he has a great product.

Dave Stewart: (01:22:32)
So there you go. There's one of your students.

Rick Takahashi: (01:22:35)
I love his benches.
Dave Stewart: (01:22:37) Yeah. That's cool. All right, Rick. Well, I think that's about all I have for you in the next six to 12 months. Anything new we can expect for you. You want to highlight with yourself either personally or you know, stuff you have going on with the flight time?

Rick Takahashi: (01:22:47) Well, you know what, the what the fly tying I usually do between 20 and, um, maybe 25 demonstration presentations throughout the year. Um, I'll be doing that. You know, the I F T D I began at the Deborah fly fishing show. I'll be at the Sportsman's exhibition. Uh, uh, I had to call the West number two. You fly time clinic, fly fishing neuron, DBU. Uh, I'll be in a lot of different fly shots. I, I like to go into fly shops and demonstrate time and it just keeps me busy, keeps me motivated, you know? And so I don't have to sit home and do those, those, those old people math things.

Dave Stewart: (01:23:31) That's right. That's right. I think that's the key to life. Right. You know, especially as you start getting older, it's like you keeping your mind going and keeping, you know, that that's why it's such, I think fly tying is so amazing. It's just that meditative.

Rick Takahashi: (01:23:42) Oh yeah. It, I, you know, I, I, I, you know, I mean yesterday I tied three dozen.

Dave Stewart: (01:23:49) Oh wow. So you said three, you said three at least, but sometimes you tie more than three.

Rick Takahashi: (01:23:54) But yeah, I have time on that. Cause what I like to do, I think one of the great joys is that a, a friend of mine, Dave and I do, we do a lot of work with the veterans and, uh, I like to tie flies for them, but I like to tie flies in there. If I'm catching fish and someone comes up and asked me what fly you use it, I give them a whole bunch of flies. I don't go out and try and go, Hey, my flight, great, you ought to fish at this. If they come up and asked me, I like to share flies with other people. But, uh, but our, our work with the, with the veterans has been really great. So I just want to tile on flies for, for, uh, his organization, wounded warriors and

Dave Stewart: (01:24:32) Oh, right. And healing waters,

Rick Takahashi: (01:24:35) uh, ventured in fly fishers and stuff like that. And so I, yeah, yeah.

Dave Stewart: (01:24:42) Cool. Good stuff. All right. Well Rick, I guess I'm in, if people want to find you, they, they're just on Facebook. Rick Takahashi is probably the easiest place.

Rick Takahashi: (01:24:51) Yeah. Or they could, um, they could email me at Rick talk, that's R I C K T a k@hotmail.com and I invite them to email me, I answer any questions, share any patterns that I can and you
know, and um, um, and, and if they're in the Denver area or the Colorado region, the cup, some of these, uh, fly kind venues and uh, I get to be at a lot of them, so, so I look forward to seeing them and meeting them.

Dave Stewart: (01:25:22) Good stuff. Well, I'll, I'll look forward to meeting you as well here in next week and yeah, just want to thank you for coming on. And sharing, you know, some of your tips. I mean, yeah, definitely. We got it too. It was great. This is what I love about the podcast because I start at one place thinking, you know, we're going to talk about this and then you know, we get into all this stuff about your life and it's been a Roy. We've gone definitely a little bit longer, but I'd spent a lot of fun and appreciate what you do for, you know, teaching everybody out there and I hope, hope to see ya, you know, pretty soon.

Rick Takahashi: (01:25:50) Well I hope everyone has a great days on the water and they'll find peace and joy.

Dave Stewart: (01:25:55) All right, see a Rick. So there you go. If you want to find all the show notes with all the links we cover, just go to [inaudible] dot

Dave Stewart: (01:26:04) com slash Rick R I C. K a quick reminder on one of the spots remaining for the Olympic peninsula steelhead trip we have coming up with one of the best guys out West. That's Jack, by the way, not me. If you are wondering, uh, go to wetflyswing.com/op . to find out more details on the upcoming trip. I want to read a quick review from Moloch, the owl God on iTunes. Moloch says lots for all anglers to learn here. Five stars. The podcast is great. I mean novice Skagit caster, and I've learned so much from the heavyweight fishing guests on this show. I love steelheading swinging flies and this podcast. Damn, that may be the greatest of the greatest, greatest sentence ever. Thanks a Moloch, the Al God for the great, uh, review and the great iTunes handle. If you want to leave a quick review, just head over to [inaudible] dot com slash review to check out the easy step guide there. Thanks for listening to the West fly swing fly fishing show for notes and links from this episode. Visit

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